

Essential Numbers for families

Medical EMERGENCY or Hazards
9-1-1 / EMS



Poison Info Centre
1-800-268-9017



Telehealth (24 hours nurse/ non-emergency/ in Ontario)
1-866-797-0000



Doctor: _____



MedVisit:
(non-emergency OHIP covered Doctors Housecall Service)
www.medvisit.ca / 416-631-3000

Assaulted Womens' Helpline: www.awhl.org / 416-863-0511

Kids' Help Phone: www.kidshelpphone.ca / 800-668-6868



Toronto Public Health
416-338-7600

Peel Public Health
905-799-7700

Halton Public Health
905-825-6000

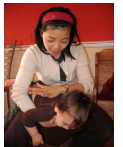
Durham Public Health
905-668-7711

York Public Health
800-361-5653

Wellington-Dufferin-Guelph
800-265-7293

reasons to call 9-1-1 / EMS:

- personal threat
- breathing absent
- unconscious
- heart attack
- stroke
- choking person
- head injury
- victim's health/ safety in danger
- hypothermia
- hyperthermia
- drowning
- seizures
- environmental hazard
- victim in shock



For your family, other reasons to call 9-1-1:

Neighbour: _____ **Babysitter:** _____ **Family:** _____
